

TCAT-Knoxville Suicide Prevention Plan

TCAT-Knoxville is committed to the mental health wellness of our students, faculty and staff. As such, and in compliance with the requirements of T.C.A. § 49-7-1, TCAT-Knoxville has developed a suicide prevention plan that engages in a variety of initiatives to improve and provide crisis services.

TCAT-Knoxville's Suicide Prevention Plan will be disseminated to faculty, staff, and students each academic term. The information will be listed on our website, in brochures, seminars and information sessions.

Prevention

TCAT-Knoxville has developed a comprehensive approach to increase mental health awareness through efforts of prevention.

Contact

TCAT-Knoxville's contact for suicide prevention work is:

Yolanda Williams
Student Services Coordinator
(865) 766-4341, Yolanda.williams@tcatknoxville.edu

Prevention Components & Resources

Key components of TCAT-Knoxville's suicide prevention work include:

- Promotion of the National Suicide Prevention Lifeline, Crisis Text Line, and campus/community resources are made available through:
 - Flyers, posters and orientation packets.
- Utilizing community resources and agencies to provide prevention services for TCAT-Knoxville community members. TCAT-Knoxville has established relationships with the following local Mental Health facilities for the purpose of [providing prevention education, training and/or prevention screenings].
 - Helen Ross McNabb... Mobile Crisis Unit (MCU) provides a 24 hour crisis response system for individuals experiencing a behavioral health crisis. The program provides assessments, triage, and access to appropriate levels of care. Triage staff will determine if the caller needs to be seen face to face. If it is determined that the person in crisis needs to be seen, a masters level clinician will meet with the client in person or via video conference to determine level of care needed."
 - Cherokee Health Systems provides services where anyone can call the 24/7 crisis line to discuss behavioral health emergencies. Once connected, professional staff will use the information you provide to determine the appropriate course of action. Please note that the crisis team serves adults only; emergencies involving children will be directed to other agencies. To contact Cherokee's crisis service, call 1-800-826-6881

Additional Information

Information regarding such relationships at TCAT-Knoxville is available at www.tcatknoxville.edu. The Student Services department will have available a comprehensive

list of partners and services available to members of the TCAT-Knoxville community which may include crisis referral services, prevention screenings, training programs, etc. Any campus member interested in accessing the services/agencies and training noted above, or for more information about TCAT-Knoxville's suicide prevention efforts should contact:

Student Services Department

Yolanda Williams, Student Services Coordinator

(865) 766-4341, Yolanda.williams@tcatknoxville.edu

Intervention

There is no typical suicidal person. No age group, ethnicity, or background is immune. Fortunately, many troubled individuals display behaviors deliberately or inadvertently signal their suicidal intent.

Recognizing the [warning signs](http://tspn.org/warning-signs) (<http://tspn.org/warning-signs>) and learning what to do next may help save a life.

Contact

If someone exhibits behavioral patterns that may indicate possible risk for suicide, they should be watched closely. If they appear numerous or severe, seek professional help at once. **The National Suicide Prevention Lifeline at 1-800-273-TALK (8255) provides access to trained telephone counselors, 24 hours a day, 7 days a week or the Crisis Text Line by texting TN to 741 741.**

If a student, faculty, or staff member encounters a suicidal student, faculty, or staff member, the following individual should be contacted immediately:

Student Services Department

Yolanda Williams, Student Services Coordinator

(865) 766-4341, Yolanda.williams@tcatknoxville.edu

(note: email may not be the most timely/appropriate method of contact)]

Should the incident occur after hours, or the above noted individual is not available, the following should be contacted immediately:

Yolanda Williams, Student Services Coordinator, (865) 766-4341, Yolanda.williams@tcatknoxville.edu

If the suicidal person has plans and access to a lethal means, is planning to make an attempt very soon, or is currently in the process of making an attempt, this individual is in imminent danger and should not be left alone. Get the person help immediately. Determine who can get there quickly and keep the individual safe.

Should you have this concern, you should immediately call 9-1-1.

Intervention Resources

TCAT-Knoxville has established relationships with the following local Mental Health facilities for the purpose of [crisis referral services].

- Helen Ross McNabb... Mobile Crisis Unit (MCU) provides a 24 hour crisis response system for individuals experiencing a behavioral health crisis. The program provides assessments, triage, and access to appropriate levels of care. Triage staff will determine if the caller needs to be seen face to face. If it is determined that the person in crisis

- needs to be seen, a masters level clinician will meet with the client in person or via video conference to determine level of care needed.”
- Cherokee Health Systems provides services where anyone can call the 24/7 crisis line to discuss behavioral health emergencies. Once connected, professional staff will use the information you provide to determine the appropriate course of action. Please note that the crisis team serves adults only; emergencies involving children will be directed to other agencies. To contact Cherokee’s crisis service, call 1-800-826-6881

The safety and wellbeing of our students, faculty, and staff is of the utmost importance. In situations that require immediate action because of safety or other concerns, TCAT-Knoxville will take any reasonable administrative action or accommodation protocols that are appropriate. Such interim actions may include, but are not limited to: adjustments to schedules, ADA accommodations, adjustments of course, exam, schedules, facilitation of hold harmless voluntary withdrawals, incompletes, etc.

Additional Information

Information regarding such relationships at TCAT-Knoxville is available in the Student Services Department. Any campus member interested in more information about TCAT-Knoxville’s suicide intervention protocol should contact:
Yolanda Williams, Student Services Coordinator/(865) 766-4341/Yolanda.williams@tcatknoxville.edu.

Postvention

Because all student/faculty/staff deaths affect our community, whether that death is accidental, due to illness, or the result of self-inflicted injury, it important for TCAT-Knoxville to respond to and recognize all deaths in a consistent manner. Campus leadership and the communications department developed a protocol that includes a campus response to a student/faculty/staff suicide to decrease the trauma experienced by the students and other campus community members left behind and to help prevent further suicides through contagion.

Contact

If a student, staff, or faculty member death occurs by suicide, the following person, or their designee, should be notified immediately:

Student Services Department
Yolanda Williams, Student Services Coordinator
(865) 766-4341, Yolanda.williams@tcatknoxville.edu

Postvention Components & Resources

TCAT-Knoxville has established relationships with the following local Mental Health facilities for the purpose of working to decrease community trauma.

- Helen Ross McNabb... Mobile Crisis Unit (MCU) provides a 24 hour crisis response system for individuals experiencing a behavioral health crisis. The program provides assessments, triage, and access to appropriate levels of care. Triage staff will determine if the caller needs to be seen face to face. If it is determined that the person in crisis

- needs to be seen, a masters level clinician will meet with the client in person or via video conference to determine level of care needed.”
- Cherokee Health Systems provides services where anyone can call the 24/7 crisis line to discuss behavioral health emergencies. Once connected, professional staff will use the information you provide to determine the appropriate course of action. Please note that the crisis team serves adults only; emergencies involving children will be directed to other agencies. To contact Cherokee’s crisis service, call 1-800-826-6881

Additional Information

Information regarding such relationships at TCAT-Knoxville is available [location/link/office where information can be found]. That [individual/office] will have available a comprehensive list of partners and services available to members of the TCAT-Knoxville. Any campus member interested in more information about TCAT-Knoxville’s suicide prevention protocol should contact [name/title/office/contact information].

Comprehensive Response Protocol

TCAT-Knoxville’s comprehensive suicide prevention, intervention and postvention protocol is available [to the campus community, campus administration, etc.]. For more information, please contact:

Student Services Department

Yolanda Williams, Student Services Coordinator

(865) 766-4341, Yolanda.williams@tcatknoxville.edu